

TODDLER FRIENDLY *Lunch Ideas*

Proteins

Rotisserie Chicken
Deli Meat
Cheese
Almond Butter
Boiled Eggs
Quesadilla
Oatmeal Balls
Chick Peas

Fruits

Strawberries
Grapes
Blueberries
Mandarin Oranges
Dried Figs
Apples
Peaches
Mango

Veggies

Shredded Carrots
Dried Peas
Broccoli
Sweet Potato
Corn
Sweet Peas
Cucumber
Bell Peppers

Grains

Quinoa
Pretzels
Crackers
Pita
Pasta
Cheddar Bunnies
Rice
Cereal